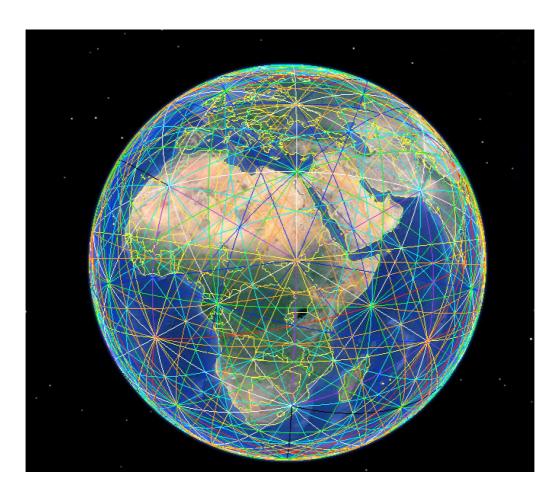
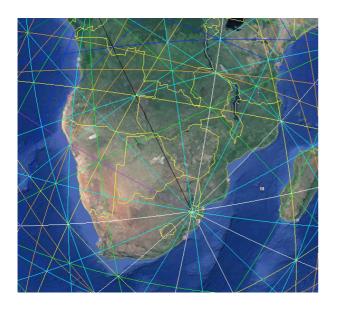


Several Benevolent forces are presently connecting with the Earth physical and astral energetic grids to harmonize the light on the planet during this time.

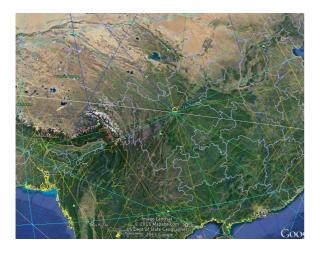




Our Group of physical anchors in Egypt is key to interfacing and anchoring these strong energies through Egypt's grid node to cover all of Egypt.

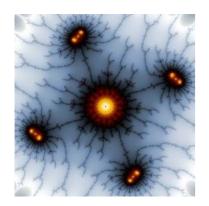


Our South African sister group (DG) is working on the powerful triple grid point near Cape Town directing strong energy to Egypt and the planet.



Also an ancient mysteries group in China (Dragon Gates) is working together through the powerful triple node in Tibet / Sichuan province to stabilize and empower the grid to Egypt during this time.

Tri-Sphere Meditation



Meditation Collective consisting of three concentric Spheres:

- 1- Trinity Manifestation Sphere 3+ (core)
- 2- Energy Sphere 9 + (intermediate)
- 3- Quarter Guardians Sphere 4+ (outer)



Trinity Manifestation Sphere:

The innermost interface with the realms of creation. Consists of three from same soul family (born 4 months apart) determined astrologically.

Meditating manifesting and holding the Inner Core intent and supporting it with energy from the surrounding Energy Sphere to manifest the intent.



Energy Sphere: (intent anchors - light workers energies)

Surrounding the inner Trinity Manifestation Sphere, supplying it with the energy to sustain its momentum to reach critical mass and initiates transformation.

Meditation

Set the intent and hold it during the meditation time. Energy Sphere members of may carry out their daily activities, the time comes, they go into a silent meditation, set the intent and dimensionally connect with our collective spheres, intent to supply the Manifesting Sphere protected by the Guardian Sphere. Then go back carrying out their affairs physically; while their Higher Selves are carrying out the intent.



Quarter Guardians Sphere: (Light Warriors Sphere)

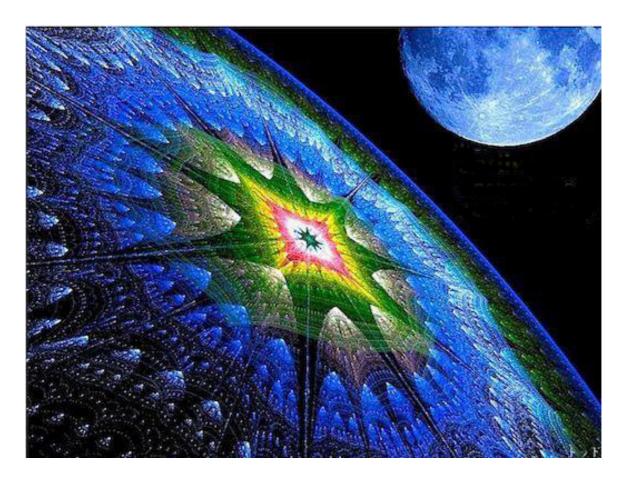
The outermost sphere provides protection for the other two spheres guarding them from scattered or misdirected dark energies.



- 1. Use your own technique to bring you to a relaxed state of consciousness
- 2. State your intent to bring peace and healing to the situation in Egypt
- 3. Visualize a beam of Light emanating from your Soul Star chakra (20 cm above your head) into the Soul Star chakras of everybody meditating
- 4. Visualize the now collective beam of Light expanding above and into the Earth energy grid and reaching Egypt, connecting with Soul Star chakras of everyone involved in the situation there, harmonizing and inspiring them to find a finalize a permanent solution.

It is very important for people in Egypt to be aware that they are being supported æthericaly through these meditations so that the energy of Light is received and bring equilibrium to the situation. Inform our circles of friends in Egypt to be receptive to this light; People don't have to actively participate in the mediations they only have to be aware, receptive and accepting to this light. This is an important factor in the completion of the meditation's purpose.

May this transitional period of uncertainty give birth to a bright peaceful Egypt and World.



Earth is flooded with Waves of Light and is effectively "Recalibrating" the Planetary Frequencies for Higher Levels of Consciousness. This means, of course, that the old third-dimensional "illusion" will continue to crumble and break down. To those who still hold to the Third Dimensional Consciousness, it will seem as if chaos is breaking out everywhere, and they will become paranoid and angry and despairing.

To those who can see and feel with the Higher Consciousness, it will seem as if a new dawn is breaking and that a new way of life is rising, as of course, it is. What can expect at this time? We think that the Key word will be "intensity". Everything will seem very intense to the point of being surreal. In your personal lives, whatever is still remaining of your old third-dimensional consciousness will need to be removed and replaced by something at a higher vibration. This may be difficult if you have an emotional attachment to the old energies. However, if you simply release and allow the changes, then they can be achieved with the minimum of disruption and hardship. The idea is simply to TRUST the PROCESS and allow whatever needs to happen. For those of you who have activated your Light Bodies, it will be a simple matter to integrate the incoming Light Waves into your Light Body. At the same time, expect some physical discomfort while the Physical Body will once again be moving into DNA upgrades to allow the physical form to align with the new Light energies for further Evolution in the New Earth. *Marla Kaya's post in Silent Love group*.