

The Wonders of the Pineal Gland



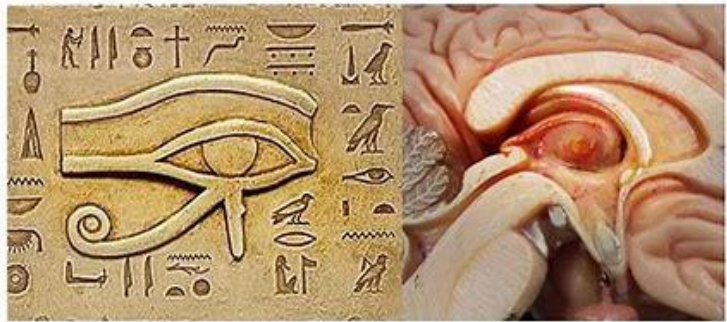
The Pineal Gland and it's awesome functions
Detoxing and decalcifying the Pineal Gland
Increasing Psychic Abilities

A three-part study

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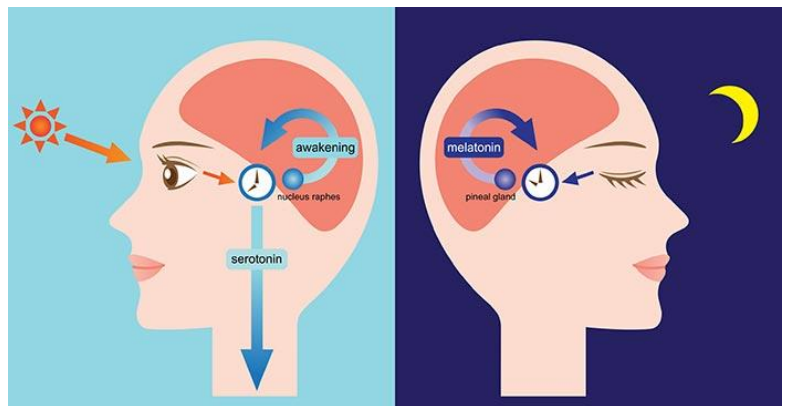
The pineal gland is the pine cone shaped gland in the center of your brain. It's been noted to look very much like the eye of Ra as shown in this photo. This is also known as your third eye and *Epiphysis Cerebri*. All animals with a spine have this gland and it has a lens, cornea and retina just like your eyes! I happen to love language and the etymology of words. Isn't it interesting that Epiphysis is so close to the word Epiphany? (A **moment of sudden revelation or insight**).



An interesting fact about the pineal is there are Calcite Micro Crystals made of calcium, carbon and oxygen. They produce a bioluminescence, a cold light ranging in the blue-green light spectrum. The calcite micro-crystals have their own Piezoelectric effect that responds to electromagnetic energies outside the physical body and can produce its own electromagnetic energy. The word Piezoelectric came from the Greek word Piezo for stress, squeeze or push. So what pressure or push causes the effect in the Pineal Gland from the inside? Meditation!

Crystal are used in electromechanical applications and can be programmed. If we have crystals in our Pineal Gland that perform a similar action, imagine what we could do with our minds if we learn to harness the effect! Meditation and/or prayer seem to be the answer and will be discussed in part III.

The pineal gland is important to mood and the quality and duration of your sleep through the production of the neurotransmitter serotonin by day which is converted to melatonin at night. Darkness is required for this to occur. Dietrich Klinghardt MD PhD believes that many individuals with sleep disorders have melatonin deficiency because the pineal gland is not getting enough full-spectrum sunlight during the day, or enough darkness during the evening.



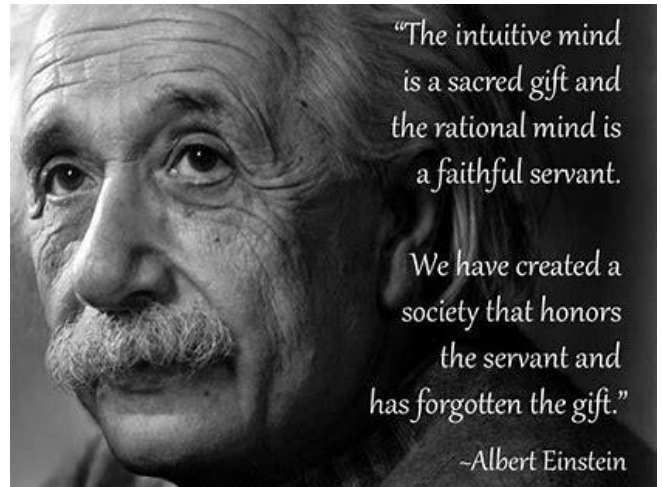
The pineal regulates our daily and seasonal circadian rhythm, the sleep-wake patterns that determine your hormone levels, stress levels, and physical performance. In conjunction with the adrenal glands, the pineal gland effects skin pigmentation, helps regulate potassium and sodium levels in the body, controls one's mental stability, and mental and sexual growth. The famous philosopher Descartes described the pineal gland as the "principal seat of the soul" and through it, we have mystical and religious experiences. If you think you need to ingest DMT to have these mystical experiences, think again. It produced naturally in the body as part of the synthesis of Serotonin and melatonin. How it's accessed is worthy of another article!

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Psychic Abilities

Intuition is one of the psychic abilities of the third eye. It was no doubt an important survival tool from man's early days to warn us of impending danger or help locate food sources and navigate unknown terrain.

It's that little voice in your head "did I shut the garage door after I left the house? Maybe you've used it to buy winning lotto tickets. Many people have experienced flashes of intuition that made them take a different route to work only to find out later that they missed a terrible accident. Mothers have an innate ability to catch kids doing something they shouldn't and are said to have eyes in the back of their head but it's their 3rd eye in the middle of their heads!



The pineal gland is what allowed the ancients to communicate with each other (psychically) over long distances. It's the organ that allows us to speak with the spirit realm and other worlds, such as was done by the Priestesses at the Oracle of Delphi in Greece.

Here sits Pythia, the Oracle at Delphi, breathing in volcanic fumes while ingesting extracts from Bay Laurel leaves which brought her to an ecstatic state in order to prophesize. Bay leaves used for a tea can stimulate psychic ability and it tastes pretty good too. I'll have more herbs, foods and practices to increase psychic ability in section III of this study.

The 3rd eye is the site of our sixth and seventh energy centers known as chakras. The 3rd eye via the Pineal Gland controls the attributes and functions of the 6th chakra (Ajna in Sanskrit), which include clairaudience, clairsentience, clairvoyance, telepathy, ESP (extra sensory perception), intuition, and Christ consciousness (or Cosmic consciousness). Here is a complete list of the Chakras:

- 1st Red- Root Chakra: Physical grounding
- 2nd Orange- Sacral: Sexuality, intimacy, passion
- 3rd Yellow- Navel: Assertion, confidence
- 4th Green- Heart: Compassion, kindness, love & affection
- 5th Blue- Throat: Self expression
- 6th Indigo- 3rd Eye: Intuition, visualization
- 7th Violet- Crown: Connection to Source, being one with the universal energy



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Dreaming, Astral Travel and OOB

The 3rd eye via the Pineal Gland also controls the attributes and functions of the 7th chakra (called Sahasrara in Sanskrit), which include linkage with the Higher Self, astral projection, astral travel, and ascension to the Akashic Records (Source/God, etc).



The Pineal Gland is also where the soul exits the body during sleep (the lower realms) and at death (transitioning). If the Soul leaving the body via the Pineal Gland (or Crown Chakra) is temporary, you have dreaming or OBE (out-of-body experience). If the soul leaving the body via the Pineal Gland is permanent, you have what is called death, but I prefer the term “transition”, from what state of being to another



As we age and our bodies are exposed to toxins and chemicals, we can lose this connection. In part II I'll show the causes and what you can do to prevent or mitigate the effects of exposure. In part III I'll uncover natural methods to repair the damage and how you can support your pineal gland to increase psychic and mystical experiences (through the body's natural production of DMT) and enjoy more creative thinking.

Rev. Kat Carroll

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Sources:

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[David Wilcock, Secrets of the Pineal Gland](#) Fast forward to the 24 min mark

Mathew 6:22, Holy Bible (Single Eye)

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